



Parent Information Session

MIA 2019/20 Season

Welcome



Majestic Ice formed in 2009



1 team, 15 skaters



2019/20 Season



7 teams, 110 skaters!

As of 1 July 2019, Majestic Ice will become an incorporated association... current membership structure will remain

All skaters are members of Sydney Figure Skating Club and NSWISA

Skaters are insured through Ice Skating Australia

Rink has public liability insurance

Coaches members of professional body Australian Professional Skaters Association

Club Structure - Memberships



BASICS THROUGH TO
ADVANCED SKILLS
(LEVEL BASED)



RHYTHM/BEAT



SKILLS



CONFIDENCE

What did we look for at Try-Outs?

Skater position definitions

Provisional	Train weekly with skaters main team, and any training sessions with provisional team. Coaches to re-assess monthly 'provisional' status informally/formally	Coaches will determine 6 weeks prior to competition whether the skater will be listed on team list. If skater remains provisional, skater will not be listed on team list for competition, will not get on for warm up at competition, enter dressing room or receive a leotard for the provisional team.
Double teamer	Expected to train at all sessions for both teams Cannot skate on higher level team only, must skate both levels.	Skater will have a primary and secondary team. If there is a clash in the scheduling, the skater will attend training for their primary team.
Alternate	Skater who is training with one or two teams, and attending all required training sessions.	An alternate is listed on the team list for competitions, and will be at all official practices, will enter dressing room, get on the ice for warm up etc. Coaches will determine as soon as practicable prior to competition, the team that will be skating on competition day.



ALL PRACTICES ARE
MANDATORY



PRACTICE DURING
ILLNESS OR INJURY



CONCUSSION POLICY
AND PROCEDURE

Attendance Policy for Practices



SKATES SHARPENED EVERY 6
WEEKS (GREG MERRIMAN)



BOOTS AND BLADES FITTED
AND CHECKED

Equipment Care



INVOICES MUST BE PAID ON TIME



INDIVIDUAL TEAM BUDGETS – SLIGHT
INCREASE DUE TO COMMERCIAL ICE
AND GST

Financial Commitment

Date	Competition	Location
30 August – 1 September	Sydney Synchro Festival	Macquarie
5 October – 6 October	NSW Championships	Canterbury
30 November – 1&2 December	Australian Figure Skating Championships	Melbourne

Competition Schedule 2019

<u>Senior</u>	<u>Junior</u>	<u>Adv Novice</u>	<u>Mixed Age</u>	<u>Basic Novice</u>	<u>Adv Adult</u>	<u>Aussie Skate</u>
Sun 3.30 – 5.30pm (COIR)	Thurs 5.00-6.15pm (COIR)	Fri 6.30-7.45pm (COIR)	Sat 5.15-6.45pm (COIR)	Sat 4.45-6.15pm (COIR)	Mon 10.30-11.30pm (COIR)	Mon
Mon 8.45-10.30pm (COIR)	Sun 5.15-6.45am (MIR)			SQUAD TRAINING until June		Sat 9.45-10.15am (COIR)
Additional sessions per schedule	Additional sessions per schedule	Additional sessions per schedule	Additional sessions per schedule	Additional sessions per schedule		

Training Schedule 2019 (on ice ONLY)



Senior – 2020 World Championships, Lake Placid NY USA



Junior – 2020 Junior World Championships, Nottingham UK

International Nominations 2019/20



Basic Requirements for
each MIA level

Basic Novice/Mixed Age

- Good basic skating forwards and backwards
- Forward 3 turns, both directions
- Mohawks
- Speed
- Moves – spirals
- Passed or working towards ISA Preliminary Test



Advanced Novice/Advanced Adult

- Confident basic skating forwards and backwards
- All basic turns on both feet, forward and backwards
- Rocker/twizzles/counter
- Confident spirals inside and outside
- Spread eagle both directions
- 1 foot spin
- Passed or working towards ISA Elementary Test



Junior

- Advanced basic skating forwards and backwards
- Moves – spirals, spread eagles, 135
- Basic spins
- All basic turns at speed
- All difficult turns (rocker, counter, twizzles)
- Athletic healthy body





Senior

- Poise and confidence with all basic skating
- Superior difficult turns
- All moves, spirals, spreads, 170 assisted spiral
- Versatile and agile skater, strong ability to pick up choreography
- Ability to perform under pressure
- Healthy athletic body

Team Goals!



2019 Budgets – What's included?

Costumes
(including 2 pairs
comp tights)

Competition entry
fees

Admin/registration
fee

Coaching at
competitions

On ice coaching

Off ice coaching

Commercial ice

Music

Coach travel
expenses

Cost per
month/per
team



“What is my role as a parent of a competitive synchronized skater?”



HELP YOUR CHILD LEARN TO
GET ALONG WITH OTHERS



BE POSITIVE AND
SUPPORTIVE

If you want to go fast go alone...
If you want to go far,
GO TOGETHER

Thank you!